



# GREG VAN ROTEN

## CENTER/GUARD

# 75

**6-3** **305** **8<sup>TH</sup> YEAR**

**FEBRUARY 26, 1990 (AGE 32)**

**MINEOLA, NY**

**CHAMINADE HS**

**PENN**

**FREE AGENT: 2022**

## SHOUTOUTS

- Has started 50-of-79 career regular season games played and played in two playoff games.
- Played in all 17 games during the 2021 season for the New York Jets, starting 10 games at guard.
- Started all 13 games he played in during the 2020 season for the Jets at guard.
- Played both center and guard for the Panthers in 2019 and started all 11 games he played in.
- Started all 16 games at guard for the first time in his career in 2018 for the Panthers.
- Made his postseason debut in 2012 vs. Min. (1/5) and played three snaps on offense and seven snaps on special teams in a Packers 21-10 win.
- Made his NFL debut in 2012 at Det. (11/18) playing five snaps on special teams.
- Spent four years for Penn (2008-11) and was a unanimous first-team All-Ivy selection as a senior. Started all 30 games the Quakers played during his final three collegiate seasons.



## FIRST-AND-10

**GREG VAN ROTEN** joins the Bills in 2022 after spending the last two seasons (2020-21) with the Jets. Van Roten entered the NFL in 2012 as an undrafted free agent out of Penn with the Packers, where he played in 2012 and 2013. In addition to NYJ and GB, Van Roten played for the Panthers from 2017-19.

## IF YOU HAVEN'T 'HERD'

### THE PATH NORTH

Van Roten came out of college in 2012 and played two seasons with the Green Bay Packers, even appearing in two playoff games during the 2012 season. From there, his football journey took an unexpected turn as he signed with the Toronto Argonauts in 2015. "Canada was pretty much the only option at that point," Van Roten told the Carolina Panthers team website. "It ended up being a great decision. I got a lot of film, got a lot of experience, really matured and developed as a player, and it gave me an opportunity to be where I am today."

Having a spot in the NFL and then losing it for a period of time provided Van Roten a new perspective on what it takes to make on football's highest level. "If your goal is to just be in the NFL, that's not good enough," said Van Roten. "That's not going to keep you around. But if your goal is to start, that's better. If your goal is to be the best at your position, that's a good goal to have. It's something I'll strive for, and we'll see how it goes."

## PERSONAL

The son of Catherine and Thomas Van Roten. His father, Thomas, played baseball at St. John's.

## GAMES PLAYED/STARTED

2012 (GB, 7/0), 2013 (GB, 3/0), 2017 (Car, 10/0), 2018 (Car, 16/16), 2019 (Car, 11/11), 2020 (NYJ, 13/13), 2021 (NYJ, 17/10), 2022 (Buf, 2/0) ... Totals (79/50)  
Playoffs: 2012 (GB, 2/0) ... Totals (2/0)