



JOSH THOMAS

DEFENSIVE BACK

36

6-0 **205** **ROOKIE**



NOVEMBER 19, 1996 (AGE 24)



MONTGOMERY, AL



MONTGOMERY ACADEMY



APPALACHIAN STATE



UDFA: 2020

SHOUTOUTS

- Played in his first NFL game and recorded a special teams tackle vs. NE (11/1/20).
- Named 2019 PFF First-Team All-Sun Belt after starting in all 14 games and recording a career-high 72 tackles, two tackles for loss, one fumble return for 37 yards and one interception return for a 16-yard touchdown.
- Returned an interception for a touchdown score in final home game that gave App State a 42-17 lead against Louisiana in the Sun Belt Championship.

STAMPEDE

Most memorable game?

1st Sunbelt Championship Game in 2018

First sports jersey you owned?

Allen Iverson 76ers black jersey

If you could play any other pro sport?

Basketball

First job/unique job growing up?

Temp at City Gear selling shoes

Favorite book?

Rich dad Poor dad

Favorite movie?

Training Day



FIRST-AND-10

JOSH THOMAS finished his five-year career (2015-19) at Appalachian State appearing in 56 games while starting 30 and totaling 163 tackles, 7.5 tackles for loss, seven interceptions, 14 passes defended, one forced fumble and one fumble recovery. Appalachian State went 54-12 in his five seasons, as he was part of just the fifth class in college football history to win five bowl games and four conference championships.

IF YOU HAVEN'T 'HERD'

SUPERSTITIOUS BEARD

Thomas' pregame rituals consist of putting on his left sock first followed by his right sock, and writing his grandpa's birthday on his cleats. However when he was in college, he developed a new superstition, not shaving his beard.

According to the Montgomery Advertiser, "Thomas, the Appalachian State safety and Montgomery Academy graduate, is a 23-year-old senior on pace to graduate in May and with hopes of a professional football career. But he has developed a sketchy-looking attribute this year. He has a beard — and calling it a beard may be generous. "And I'm not going to shave, at least for two more games," Thomas said after the Mountaineers' 48-13 win over Troy on Friday. "I have to let it grow a little more."

"He's the type of player who is a dream to coach," first-year App State coach Eliah Drinkwitz said. "I wish all my guys were like Josh. "He does need to shave," Drinkwitz quipped.

PERSONAL

Son of Felicia Friendly and Terry Thomas. Has a sister, Anaya and a brother, Jarrett. He also played basketball and baseball in high school. Graduated from Appalachian State with a degree in exercise science.

